



NOVEMBER 2022 LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30.	31. Beef Sloppy Joes on WG Hamburger Bun, Ranch Potatoes, Fresh Honeydew	1. WG Mozzarella Cheese Filled Breadsticks w/Marinara Sauce, Green Beans, Fresh Cantaloupe	2. Vegetarian Bean and Rice Bowl, WG Rice Pilaf, Corn, Fresh Watermelon	3. Beef Cheeseburger on WG Hamburger Bun, Peas, Fresh Pineapple	4. Sophomore Pizza Lunch	5.
6.	7. Ground Beef w/Taco Seasoning, WG Tortilla, Lettuce, Diced Tomatoes Mix, Fresh Honeydew	8. BBQ Chicken Breast, WG Dinner Roll, Capri Mixed Vegetables, Fresh Cantaloupe	9. Chicken Salad Sandwich on WG Sliced Bread, Salad w/Ranch, Fresh Watermelon	10. HM WG Mac & Cheese, Steamed Broccoli, Fresh Pineapple	11. Chick-Fil-A	12.
13.	14. Beef Pot Roast w/Gravy, WG Dinner Roll, Mashed Potatoes, Fresh Honeydew	15. WG Beef Spaghetti, Corn, Fresh Cantaloupe	16. WG Tuna Rotini Casserole, Peas and Carrots Blend, Fresh Watermelon	17. Hamburger Stroganoff, WG Dinner Roll, 5 Way Mixed Vegetables, Fresh Pineapple	18. Sophomore Pizza Lunch	19.
20.	21. WG Breaded Chicken Tender, Seasoned Diced Potatoes, Fresh Honeydew	22. WG Breaded Chicken Patty, California Blend Vegetables, Fresh Cantaloupe	23. No School	24. No School	25. No School	26.
27.	28. Turkey Burger, WG Hamburger Bun, Peas, Fresh Honeydew	29. Cheese Breadstick Marinara Sauce, Green Beans, Fresh Cantaloupe	30. HM WG Cheesy Beef & Macaroni, House Salad w/Ranch, Fresh Watermelon	1. Salisbury Steak, WG Dinner Roll, Mashed Potatoes, Fresh Pineapple	2. Sophomore Pizza Lunch	3.